Hasbrouck Heights Middle/High

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 BBQ Chicken Bacon Cheddar Melt BBQ Baked Beans Country Coleslaw 	 Turkey Taco Scoop-a-Bowl Seasoned Rice Cilantro-Lime Corn 	 Bacon, Egg, & Cheese on a Kaiser Roll Crunchy Tater Tots Peach Crisp 	Chicken FajitasVegetable Fried Rice	BBQ Roast Chicken on the Bone Mashed Sweet Potatoes Italian Green Beans
• Cheeseburger Mac and Cheese • Mixed Vegetables • Fresh Dinner Roll	Roast Turkey with GravyWhipped Mashed PotatoesPeas and Carrots	 Chicken Teriyaki Noodle Bowl Stir Fry Vegetables 	 Juicy Bacon Cheeseburger on a Bun Seasoned Sweet Potato Fried 	Penne with Chicken & Broccoli Freshly Prepared Cucumber and Tomato Salad Fresh Dinner Roll
 Popcorn Chicken Mashed Potato Bowl Maple Cinnamon Carrots Turkey Gravy 	 Seasoned Beef Scoop-A-Bowl with Rice, Cheddar Cheese, Lettuce, Diced Tomatoes, Salsa, Tortilla Chips Rice and Beans 	 Pancakes or Golden Crisp Waffles or Fluffy French Toast Slice Juicy Breakfast Sausage Crunchy Tater Tots 	Pizzeria Pizza Freshly Prepared Cucumber and Tomato Salad Freshly Baked Apple Crisp	20
23	24	25	26	27
30	MSHS Price List • Student Lunch: \$4.25	Mediterranean Bistro: • Personal Cheese Pizza	Great Grillers: - Juicy Cheeseburger on a Bun - Philly Cheesesteak Hoagie	

 $\textbf{Lunch Served with Choice of:} \ \textbf{Fresh Fruit} \ , \ \textbf{Assorted Chilled Fruit} \ , \ \textbf{100\% Fruit Juice} \ , \ \textbf{Variety of Vegetables from our Harvest Market} \ , \ \textbf{1\% White Milk} \ , \\ \textbf{Fat Free Chocolate Milk} \ , \ \textbf{Fat Free White Milk} \ , \\ \textbf{Fat Free White Milk} \ , \ \textbf{Fat Free White Milk} \ , \ \textbf{Fat Free White Milk} \ .$

*Menu is Subject to Change

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